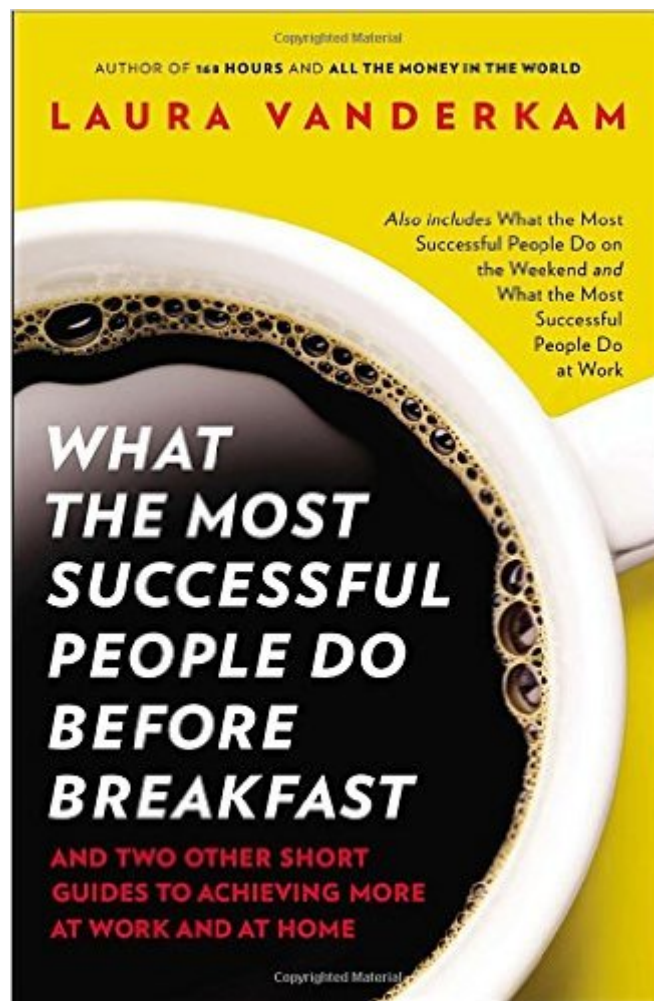


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# What The Most Successful People Do Before Breakfast: And Two Other Short Guides To Achieving More At Work And At Home



## Synopsis

Three powerful mini e-books about high productivity, now together in paperback! Laura Vanderkam has combined her three popular mini e-books into one comprehensive guide, with a new introduction. It will help readers build habits that lead to happier, more productive lives, despite the pressures of their busy schedules. Through interviews and anecdotes, she reveals . . . What the Most Successful People Do Before Breakfast "to jump-start the day productively. What the Most Successful People Do On the Weekend" to recharge and prepare for a great week. What the Most Successful People Do at Work" to accomplish more in less time.

## Book Information

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Average Customer Review: 4.1 out of 5 stars See all reviews (32 customer reviews)

Best Sellers Rank: #38,060 in Books (See Top 100 in Books) #68 in Books > Self-Help > Time Management #75 in Books > Business & Money > Skills > Time Management #699 in Books > Business & Money > Personal Finance

## Customer Reviews

This small paperback packs in three of the author's previous ebooks: What the Most Successful People Do Before Breakfast: A Short Guide to Making Over Your Mornings--and Life (A Penguin Special from Portfolio) What the Most Successful People Do on the Weekend: A Short Guide to Making the Most of Your Days Off (A Penguin Special from Portfolio) What the Most Successful People Do at Work: A Short Guide to Making Over Your Career (A Penguin Special from Portfolio) It also includes a generous appendix with interesting and useful new content: 3 "time makeovers", how to do your own time makeover, and 50 great tips on time management. I read a lot of time management books, articles and blogs, so I see a lot of the same recycled content. Laura Vanderkam's books are delightfully different. She chooses interesting people to interview in a huge range of professions, and has a writing style that's extremely engaging and easy to read. She mixes anecdotes from other successful people in with her own experiences, adding a lot of personality to

what would otherwise be a very dry list of tips. I'm currently taking time off from work and I still find tons of useful information in her books to help me be more effective (and have more fun!) in my personal life.

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What the Most Successful People Do Before Breakfast: A Short Guide to Making Over Your Mornings--and Life  
The Latter-day Morning: Create a Happier, More Successful, Spiritual Life Before Breakfast  
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